

LEON COUNTY SHERIFF'S OFFICE

RELEASE OF PUBLIC INFORMATION



Larry Campbell, Sheriff

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Sergeant Folsom Wins Two Bronze Medals in Pan Am Games

LCSSO's Sergeant Larry Folsom recently won two bronze medals while competing in the 2011 Pan Am Games in Irvine, California. The Pan Am Games is an international competition hosting thousands of Brazilian Jiu-Jitsu competitors. Sgt. Folsom competed in the Pan Jiu-Jitsu Championships March 24-27. He competed in the Purple Belt Medium/Heavy Division and in the Purple Belt Absolute Division. (The Absolute Division places all competitors in the same division regardless of weight.)

Sgt. Folsom has been competing in Brazilian Jiu-Jitsu competitions in Florida and the Southeastern United States for over four years now. He has won over 30 medals in many competitions in both Judo and Brazilian Jiu-Jitsu. He is also a three-time gold medalist in the Florida Police and Fire Games.

Brazilian Jiu-Jitsu (BJJ) is a martial art and combat sport that focuses on grappling or ground fighting with the goal of gaining a dominant position and using joint-locks and holds to force an opponent to submit. Sgt. Folsom competes as a member of the Alliance Brazilian Jiu-Jitsu Team.



(Sgt. Folsom being declared winner)



(Sgt. Folsom-third from left)

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